

Organic Coffee 12 oz. 1.50
 16 oz. 1.75
 20 oz. 1.90

Cherry bean Roast

Our Cherry bean Roast Coffee is a delicious Organic Medium Roast, with what I call a Malty flavor. I've been told it's worth walking miles for!

Harvest Moon Roast

Our Harvest Moon Roast Coffee is a real favorite with the Hardy Coffee drinkers! This very Dark and Bold Organic Coffee is amazingly smooth and never bitter. Definitely worth your trip!

Specialty Organic Coffee

12 oz. 2.99
20 oz. 3.99

Maple Moose Java Hot

Hot Organic Coffee blended gently with a touch of Maple Syrup and real cream, then topped with Real Whipped Cream that's been gently sweetened with more Real Maple Syrup.

Maple Moose Java Cold

Iced Organic Coffee whipped with real cream and a touch of Maple Syrup and real cream, then topped with Real Whipped Cream that's been gently sweetened with more Real Maple Syrup.

Bullet Proof

Hot Organic Coffee blended vigorously with Organic Coconut Oil and Grass-fed butter for an energy kick that will get you through the entire morning. The healthful properties of this combination are being touted far and wide!

Mocha Moose

Hot Organic Coffee blended gently with a Natural Cocoa Mix and Real Cream, and topped with Real Whipped Cream that's been gently sweetened with Real Maple Syrup.

Famous "Outpost Cabin" Hot Cocoa

Delicious Hot Cocoa blended with a touch of Real Cream and topped with Real Whipped Cream.



Welcome to The Outpost Mercantile. We are a small family owned and family run store that will take you back in time! We are an Organic Coffee Shoppe, an All Natural and Organic Bulk Foods Store, Fine Meats and Cheese Deli Café, Frozen Yogurt and Smoothie Shoppe, Toy Store, Camping Paraphernalia, Candy Store and so much more! We believe that Health and Fun are two in the same...and you can't have fun if you're not feeling up to par; so here at The Outpost, we've tried to create a Fun and Nostalgic atmosphere where you can actually find great Foods, healthful treats and just feel at home with our family!

~Ron & Sue



Hours
Monday - Saturday 9 am - 6pm
Sunday CLOSED

Visit us on the web at:
www.theoutpostmercantile.com
or find us on Facebook

The Outpost Mercantile
615 6th Street
Sauk Centre, MN 56387
(On the corner of Getty and 6th Street)

Phone (320)351-7678
E-mail store@theoutpostmercantile.com
Online store now open!



Food • Family • Merchandise

Menu



On-The-Go or Sit-In Style Deli Café

Deli Café • Organic Coffee

Smoothies Frozen Yogurt

Organic & Natural Bulk Foods

Health & Homeopathy • Essential Oils

Gift Items • Wooden Toys • Camping Gear

Breakfast

We don't currently cook breakfast, but we do have GREAT organic Coffees that are available all day long and a variety of freshly packaged Muffins, Rolls, Organic cookies and Biscotti (Biscotti comes in Reg. or Gluten Free). See Menu for Coffee selection.

Salads and Sandwiches

All of our ingredients are All Natural or Organic and contain NO MSG.

Our Sandwiches and Great Tossed Salads are made fresh daily and are available every day from open to close.

Weekly Sandwich "Special" 4.99

Special changes weekly. Visit our website or Facebook page for our special.
www.theoutpostmercantile.com

Build Your Own Sandwich 5.69

Comes with your choice of Bread, Meat, Cheese, Veggies and Dressing. (See options below) May request to Eat-In or To-Go. (Eat-In comes with side of chips)

Build Your Own Salad 5.99

Comes with Chopped Lettuce, your choice of Meat, Cheese, Veggies and Dressing. (See options below) Also comes with ¼ cup Cottage Cheese and Sunflower seeds on the side. May also request organic Croutons.

Side Dishes (May vary)

Tropical Fruit Cup .89

Build Your Own Salad and Sandwich Options

Choose from the following:

Bread: (Sandwiches only) White or Wheat Bun, Organic Sprouted Ezekiel Bread, or Flat Bread.

Meat: Fresh Sliced Deli Meats, Ham, Turkey, Chicken, or Cold Cut Trio (Ham, Salami, Turkey)

Cheese: Baby Swiss, Colby, Co-Jack, Pepper Jack, or Provolone (also my vary)

Vegetables: Choose any or all - Lettuce, Tomatoes, Bell Peppers, Mild Banana Peppers, Hot Banana Peppers, Onions, Dill Pickles

Dressings: Mayonnaise, Italian, Tomato Basil, Chipotle, Ranch, Bacon Ranch and Pesto. All Dressings are made fresh right here at the Outpost with All Natural Ingredients and NO MSG.

Seasonal Dishes

Simple is our motto, so during the winter months, we offer only One Homemade Soup each day. During the warmer months, instead of soup, we offer our "Homestead Style" Wraps.

"Old Fashioned" Homemade Soup 4.99

Available November-May

During the winter months, we offer a different homemade soup each day. Our delicious homemade soups are made from scratch each morning with All Natural or Organic ingredients and contain NO MSG.

Some of our favorites include: turkey or chicken wild rice, Chili, Beef n' Barley, Chicken Noodle, Cheesy Broccoli, Vegetable beef, White Chicken Chili and more! Visit our website or Facebook page for our daily special.

Served in an On-the-Go Bowl with Lid and a side of Oyster Crackers.

Soup and half sandwich 6.69

"Homestead-Style" Wraps 5.99

Available May-November

During the warmer months we offer a delicious wrap each day. Nutrition is the most important ingredient in our Homestead-Style Wrap but taste is our final product! All of our ingredients are All Natural or Organic and contain NO MSG.

When you choose the Chicken Wild Rice Wrap; you then add your choice of either Sour Cream or any of our great tasting dressings and any or all of the veggies you'd like! (See options for dressings and veggies to the left)

Monday-Saturday
Chicken & Wild Rice

"Homestead-Style" Wrap with Salad 10.00

Our hardy wraps stand alone, or you can pair it with one of our delicious Build Your Own Salads.

Drinks

Bottled Spring Water	.99
Vitamin Water	1.59
All-Natural Juice Box	.69
Steaze Tea	1.49
12 oz. White Milk	.99
12 oz. Chocolate Milk	1.29
V8 Energy Drink	.99
20 oz. Brewed Sweet Iced Tea	1.69
20 oz. Brewed Un-Sweetened Iced Tea	1.69

*Iced Teas available May-Nov. Ask for flavor.

Smoothies

12oz. 3.79

20oz. 4.79

1-Fruit-n-Yogurt: This delicious Real Yogurt Smoothie will satisfy even the sweetest tooth in a healthy way! Our yogurt, your choice of fruit!

Flavors: strawberry, Blueberry, Raspberry, or Berry Blast (all 3 berries)

2-Totally Fruit: A real favorite for anyone wanting a delicious, satisfying drink that's actually good for you! Made with your choice of Fresh Frozen Fruit, Organic Blueberry-Pomegranate Juice, Lemon and a touch of Honey.

Flavors: Strawberry, Blueberry, Raspberry, or Berry Blast (all 3 berries)

3-Apricot Dream: Fresh Frozen Apricots, perfectly chilled and sweetened with a touch of Maple Syrup, then folded by hand with real Whip Cream.

4-Green Smoothie: "She's Ugly" The too perfect for words Smoothie. She's ugly, but jammed with nutrition packed Kale, Spirulina, Chlorella, Strawberries, Coconut Oil, Aloe, Natural Energy Herbs, Lemon, Organic Blueberry Pomegranate Juice and sweetened with Stevia.

5-Chocolate Milkshake:

This All-Natural Smoothie is simply about Fun, Nostalgia and just plain Taste! The young and young at heart will all love this Milkshake.

Add a Scoop: .50¢ per scoop

For an extra Boost, you can choose to add a Scoop of All Natural Herbs to your Smoothie to boost the Body's Natural System.

Choose from the following:

- ⌘ Energy Boost
- ⌘ Protein Boost
- ⌘ Immune Boost
- ⌘ Multi-Vitamin Boost
- ⌘ Anti-Oxidant Boost

Frozen Yogurt .39¢per ounce

For any of the yogurts and toppings

Be sure to try our delicious Frozen Yogurt when you stop by our store! Serving 4 flavors daily, plus the popular Twist flavor combination. It is a wonderful treat for any time of the year.

Here at The Outpost, we serve Nancy's Frozen Yogurt. We chose Nancy's because we wanted a healthy product we could serve our grandchildren when they come to visit. We are thrilled with the taste and nutritional value of this yogurt and are sure that you will agree. Yes, it's a treat, but it's a treat you can feel good about! Visit our website or Facebook page for our current flavors. We post all of our flavor changes, usually every other week.