



# FRI. & SAT MARCH 24-25 HEALTH AND WELLNESS SEMINAR EVENT

## Homeopathy, Essential Oils & Your Health

Join us for a 2-day Health & Wellness Seminar at The Outpost Mercantile, given by Sue Meyer and Amanda Filla. Come for one day, or both, and learn more about how to use Homeopathy and Essential Oils for the health of your family.

### Friday March 24<sup>th</sup>

**Topics include:** Intro to Homeopathy, Intro to Essential Oils, Detoxing your Home, Detoxing your Body, and Overcoming Fatigue.

### Saturday March 25<sup>th</sup>

**Topics include:** Homeopathy for Injury & Infection, First Aid & Essential Oils, Living Above the Wellness Line, Family Health & Homeopathy, Hormones & Essential Oils.

*\*There will be a lunch break both days. Feel free to bring your own, or lunch will be available for purchase at The Outpost.*

**REGISTER IN-STORE, OR ONLINE AT  
[WWW.THEOUTPOSTMERCANTILE.COM](http://WWW.THEOUTPOSTMERCANTILE.COM)**

**QUESTIONS? [store@theoutpostmercantile.com](mailto:store@theoutpostmercantile.com)**

**Seminars given by  
Sue Meyer &  
Amanda Filla**

**Homeopathy,  
Essential Oils, &  
The Health of Your  
Family**



**Friday 10am – 4pm**

**Saturday 9am – 3pm**

**Cost: \$40 for 1 day,  
\$60 for both days**

**\*Early Birds: \$5.00**

**OFF if Registered by  
March 15<sup>th</sup>**

**Outpost Outlaw  
Members receive  
10% OFF all classes!**



**615 6<sup>TH</sup> ST. S.  
SAUK CENTRE, MN  
320-351-7678**

